

AS FEATURED ON
GOOD MORNING TEXAS
JULY 19, 2008



ABOUT FAYE... *Informative, Caring, Dedicated*

FAYE ELAHI, M.S., M.A. HOLDS A MASTERS DEGREE IN NUTRITION FROM TEXAS WOMAN'S UNIVERSITY, A MASTERS IN CHILD PSYCHOLOGY FROM THE UNIVERSITY OF NICE, FRANCE, AND A MASTERS OF MASS COMMUNICATIONS. SHE HAS HAD A NUTRITION PRACTICE IN THE NORTH DALLAS AREA SINCE 1989. HER RESEARCH WORK HAS BEEN PUBLISHED



IN MANY JOURNALS BY RECOGNIZED PROFESSIONAL ORGANIZATIONS LIKE THE AMERICAN DIETETIC ASSOCIATION AND OTHERS. FAYE'S SPECIALTIES INCLUDE CELIAC DISEASE, AUTISM SPECTRUM DISORDER, ASPERGER'S SYNDROME, ATTENTION DEFICIT DISORDER, DOWN SYNDROME, AND DIABETES.

FAYE ELAHI, M.A., M.S. IS A VETERAN IN THE FIELD OF SPECIAL NEEDS NUTRITION, AND IS NO STRANGER TO THE HIGHLY PREVALENT ISSUE OF GLUTEN SENSITIVITY, EMERGING STRONGLY OUT OF A NEW EPIDEMIC OF DIAGNOSIS, AWARENESS, AND INCIDENCE. HER EXTENSIVE EXPERIENCE AND INTELLIGENCE SERVE BOTH HER AND HER CLIENTS WELL. SHE HAS BRAVELY REMAINED ON THE CUTTING EDGE OF NUTRITIONAL AND OVERALL HEALTH ISSUES FOR MANY YEARS, AND WITH THE EXCELLENT ASSOCIATE PRACTITIONERS WITH WHOM SHE HAS SURROUNDED HERSELF, HER SERVICES ARE UNMATCHED IN HER FIELD.

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THE ULTIMATE GLUTEN-FREE, CASEIN-FREE
COOKING CLASS ON DVD FEATURING
FAYE ELAHI, M.S., M.A. "THE GLUTEN-FREE GURU"

FEATURED GLUTEN-FREE, CASEIN-FREE, YEAST-FREE DISHES ARE:

LIP SMACKING MAC'N CHEESE
SPONGY VANILLA CUP CAKE
CREAMY 2 STEP ICING
CHICKEN NUGGET
SUGAR COOKIE
CHEESE PIZZA

FOOL PROOF VINAIGRETTE DRESSING
PRIMAVERA MACARONI SALAD
SCRUMPTIOUS FRENCH TOAST
FRENCH CREPE
SALAD NICOISE



GLUTEN
FREE 101
WITH
FAYE



GLUTEN FREE 101 WITH FAYE

CONTAINS 10 MOUTHWATERING GFCF RECIPES
KID TESTED, NUTRITIONIST APPROVED!